

## Observational System for Recording Physical Activity in Children-Preschool Version Categories and Accompanying Codes

| <u>Act Level</u> | <u>Act Type</u> | <u>Location</u> | <u>Indoor</u>       | <u>Outdoor/Gym</u> | <u>Act Initiator</u> | <u>Group</u> | <u>Prompts</u> |
|------------------|-----------------|-----------------|---------------------|--------------------|----------------------|--------------|----------------|
| 1 Stationary     | 1 Climb         | 1 Inside        | 1 Art               | 1 Ball/Object      | 1 Adult              | 1 Solitary   | 1 None         |
| 2 Limbs          | 2 Crawl         | 2 Outside       | 2 Books/Preacademic | 2 Fixed            | 2 Child              | 2 1-1 Adult  | 2 TP-I         |
| 3 Slow-Easy      | 3 Dance/Exp     | 3 Transition    | 3 Gross Motor       | 3 Game             | 3 Can't Tell         | 3 1-1 Peer   | 3 TP-D         |
| 4 Moderate       | 4 Jump/Skip     | 4 Can't Tell    | 4 Group Time        | 4 Open Space       | 99 ?                 | 4 Grp-Adult  | 4 PP-I         |
| 5 Fast           | 5 Lie Down      | 99 ?            | 5 Large Block       | 5 Pool             |                      | 5 Grp-Child  | 5 PP-D         |
| 6 Can't Tell     | 6 Pull/Push     |                 | 6 Manipulative      | 6 Portable         |                      | 6 Can't Tell | 6 Can't Tell   |
| 99 ?             | 7 R&T           |                 | 7 Music             | 7 Sandbox          |                      | 99 ?         | 99 ?           |
|                  | 8 Ride          |                 | 8 Nap               | 8 Snacks           |                      |              |                |
|                  | 9 Rock          |                 | 9 Self Care         | 9 SocioProps       |                      |              |                |
|                  | 10 Roll         |                 | 10 Snacks           | 10 TeacArranged    |                      |              |                |
|                  | 11 Run          |                 | 11 Sociodramatic    | 11 Time Out        |                      |              |                |
|                  | 12 Sit/Squat    |                 | 12 TeacArranged     | 12 Wheel           |                      |              |                |
|                  | 13 Stand        |                 | 13 Time Out         | 13 Other           |                      |              |                |
|                  | 14 Swim         |                 | 14 Transition       | 14 N/A             |                      |              |                |
|                  | 15 Swing        |                 | 15 Videos           | 15 Can't Tell      |                      |              |                |
|                  | 16 Throw        |                 | 16 Other            | 99 ?               |                      |              |                |
|                  | 17 Walk         |                 | 17 N/A              |                    |                      |              |                |
|                  | 18 Other        |                 | 18 Can't Tell       |                    |                      |              |                |
|                  | 19 Can't Tell   |                 | 99 ?                |                    |                      |              |                |
|                  | 99 ?            |                 |                     |                    |                      |              |                |