



# START NOW

*Presented by the Safeguarding Our Youth:  
A Collaborative Blueprint for Deflection and Recovery initiative*

**Who should attend:** This training is designed for professionals and practitioners who support individuals experiencing impulsive or high-risk behaviors. This includes those working in mental and behavioral health systems, juvenile justice systems, and community-based organizations. It is also well-suited for case managers, program coordinators, and school-based staff who provide direct services to youth and families. Anyone involved in behavioral interventions or trauma-informed care for vulnerable populations will find this training valuable.

**Overview:** The three-day training will educate and prepare 10 child-serving professionals to deliver START NOW with fidelity. Participants will receive a Certificate of Completion for the START NOW Facilitation Training. START NOW is a structured, evidence-based program developed through a National Institute of Justice study to support individuals with impulse control, emotional regulation, and relationship challenges. Its four modules—My Foundations, My Emotions, My Relationships, and My Future—promote growth, accountability, and resilience through CBT, MI, neurocognitive strategies, DBT, and trauma-sensitive care. This training provides tools to help participants build strengths, manage emotions, and connect thoughts, feelings, and behaviors while maintaining a trauma-informed approach.

## **2025 Dates and Times:**

- September 24-26 (9 am – 5 pm), Location TBD
- October 20-22(9 am – 5 pm), USC Lancaster
- October 29-31(9 am – 5 pm), Location TBD

## **Location: TBD**

**Fee:** This no-cost training opportunity is made possible through a collaboration between the Children's Law Center and the JusticeWorks Behavioral Care as part of the Chester, Fairfield, and Lancaster Counties Safeguarding Our Youth: A Collaborative Blueprint for Deflection and Recovery initiative.

**For more information:** Contact Angela Foulks at [foulksa@mailbox.sc.edu](mailto:foulksa@mailbox.sc.edu) or 803-576-7229.

**To Register:** Go to the Children's Law Center registration system: <https://sc.edu/clc/public/index.php>